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## US Biathlon Talent Identification Camp

Olympic Training Center  
Lake Placid, New York

### Dates:

**Arrival: June 19<sup>th</sup> – camp starts on Monday June 20<sup>th</sup> at 8:00 AM**

**Departure: June 23<sup>rd</sup> – camp ends June 23<sup>rd</sup> at 11:00 AM**

### Camp Activities:

US Biathlon is looking for talented endurance athletes who are interested in becoming world-class competitors. The talent identification camp will help us evaluate your stage in this journey.

- Physical tests, e.g. uphill run, 30 meter test
- Strength tests and flexibility screening
- Roller ski technique training with World Cup athletes Lowell Bailey, Susan Dunklee, Tim Burke, and Olympic Champion Andrea Henkel Burke
- Shooting drills and precision test
- Question and answer sessions with World Cup athletes Lowell Bailey, Susan Dunklee, Tim Burke, and Olympic Champion Andrea Henkel Burke
- Final running Biathlon competition running at the Olympic Biathlon venue Mt van Hoevenberg

### Needed material:

- Gear for indoor and outdoor sport
- Gym shoes
- Running shoes
- Roller skis, ski boots, poles
- Writing material

**Applications:** please fill out the attached application form and email it to US Biathlon Chief of Sport Bernd Eisenbichler by May 5<sup>th</sup>: [b\\_eisenbichler@yahoo.de](mailto:b_eisenbichler@yahoo.de)

**Invitations:** will go out latest by May 15<sup>th</sup>

**Travel:** Applicants are responsible for their own travel. Those arriving by air should plan to arrive in Albany, NY.

**Housing & Meals:** The camp will take place at the Olympic Training Center in Lake Placid, NY. Meals and lodging will be provided there free of charge.

## Application For US Biathlon Talent Identification Camp

- Due May 5<sup>th</sup>, 2016, but the sooner you apply the better!
- Email to US Biathlon Chief of Sport Bernd Eisenbichler: [b\\_eisenbichler@yahoo.de](mailto:b_eisenbichler@yahoo.de)

Name:

Address:

Date of Birth:

Email:

Cell phone:

Parents names and cell phone (for emergency contact):

Ski/Biathlon Club/School/College:

Coach's name, email and phone (optional):

High School and or College Graduation Dates:

Grade in school or college:

Right or Left handed:

Height:

Weight:

Do you have access to a biathlon rifle (not required):

List several of your best cross-country skiing results from the past two seasons (Cross Country National Champs, JNs, regional JNQs, State HS Champs, College Races, NCAA Champs, USSA Points, FIS Points):

What other sports do you compete in? Please list some of your top results (times and distances) from the past two years. Please list team sports as well:

Have you had any laboratory testing: lactate profile or max VO<sub>2</sub>? If so, please include results:

What were your training hours last year?

What are your goals in sport?

Why are you interested in Biathlon?