



## LEAVENWORTH WINTER SPORTS CLUB

### LWSC Mission Statement

Our purpose is to promote health, fitness, and fun through skiing and other winter sports by providing quality facilities, education, and activities to the community.

### LWSC Nordic Team Mission Statement

Share the joy of skiing and an outdoor lifestyle within a supportive community.

### LWSC Nordic Team Core Values

Together. Be inclusive.

Effort. Challenge yourself.

Attitude. Exhibit good sportsmanship.

Make it Fun!

## NORDIC HEAD COACH JOB DESCRIPTION

<b>Department:</b>	LWSC Nordic Team
<b>Work Dates:</b>	Year-round
<b>Status:</b>	Part-Time (approximately 700-1000 hours annually)
<b>Reports To:</b>	Youth Programs Director (YPD) and LWSC General Manager

### Description Summary

This is a dual-functioning role. It is both a managerial and an active coaching position whose focuses are to set goals for the entire team, develop coaching programs, coordinate coaches across the program to ensure consistency of teaching and message function as Lead coach for the Senior group of Nordic skiers and be the communications point person for the entire team.

Ski-season practices are held primarily at LWSC facilities; however; during the early season, late season and in years with poor snow conditions practices may be held at the Stevens Nordic Center, Plain Valley Ski Trails or other venues as available.

Off-season practices may be held at a variety of locations, from Wenatchee (the "Loop") to our LWSC multi-use trails to local hiking trails.

## Essential Functions

- Function as the Lead Coach of the Seniors group (grades 8-12) - including developing and leading training throughout the year.
- Develop a summer program for Seniors and Devos with assistance from the Devo Lead Coach and the YPD.
- Coach Devos (grades 5-7) during the dryland season and occasionally during the winter to assist with their development and retention.
- Develop training plans for skiers who will be racing as well as non-racing Team skiers.
- Identify different learning styles among your skiers and effectively demonstrate different teaching styles in response.
- Identify ability levels of your skiers and adapt your teaching and demonstrations to your skiers' developmental level and physical abilities.
- Coordinate and schedule coaches and volunteers in the Seniors group.
- Work with the YPD and Lead Coaches to hire coaches and assign to groups.
- Coordinate Lead Coaches, provide annual training to all LWSC Nordic Team Coaches & be an available resource to coaches for ski technique and coaching related questions.
- Host trainings for coaches, skiers and parents in waxing techniques.
- Assist the YPD and Lead Coaches to schedule, organize and execute 'game days', such as the SkiSporten, where the entire Nordic Team can ski/ play together as a unit (at least once per year).
- Work with the YPD on youth races and other events oriented to youth that the LWSC hosts. This could include overall organization, course layout, timing, race-day set-up and take-down, etc.
- Coach at the Junior National Qualifier races and at the Junior National race if elected to do so. Roles at these events include coach, communicator, and ski waxer.
- Coach at the Washington Nordic Cup Races or delegate coaching duties to other LWSC Coaches.
- Lead JNQ pre-race waxing nights to assist and guide skiers in waxing their skis.
- Coach at Silverstar over Thanksgiving if enough interest is shown by LWSC skiers.
- Assist the YPD with fundraising activities.
- Work with the YPD on purchasing of equipment and supplies for the team.
- Prepare weekly communications to Team parents and skiers and deliver via the LWSC website Team pages or other avenues as appropriate.
- Maintain communications with the YPD concerning the Team and any issues that may arise.
- Communicate with parents of your skiers concerning skier development or behavior, or relay those concerns to the YPD to work through any problems.
- Attend PNSA meetings as the LWSC Coach Representative.
- Attend LWSC Board Meetings or Youth Committee meetings as requested and at minimum, attend the annual LWSC Membership meeting – typically held in March.
- Be knowledgeable of both glide and kick waxes and be proficient in wax application.
- Demonstrate an enthusiasm for skiing.
- Be an ambassador for LWSC to all Team skiers and their families.
- Be a good example for the sport and industry by managing personal stress levels, having a positive attitude and communicating enthusiasm for learning.
- Respond quickly and effectively to a wide variety of situations including possible emergencies while maintaining composure and keeping your skiers and fellow coaches calm.
- Place Team orders of jackets, race suits, waxes and other items as necessary.
- Be willing to take on other Team duties as necessary.

## Experience / Requirements

- Must be at least 24 years of age.
- Must be a current LWSC member (have a season pass).
- Must have a valid Driver's License and be willing and able to transport skiers in a team van.
- Must have current SafeSport certification or the equivalent (in the case of school employees).
- Must maintain US Ski and Snowboard Coach Certification at a minimum of Level 200
- Must be skilled in skate and Classic techniques and be able to demonstrate those skills to your skiers.
- Must be able to assess the techniques of your skiers and aid them in improving their technique.
- Must be organized, able to adapt to changing situations and be able to maintain composure and professionalism in uncomfortable situations.
- Must have strong communication skills, motivational skills and interpersonal skills.

## Physical Requirements

- Must be able to stand on skis for extended periods, run, reach, walk, bend and stoop.
- Must be able to ascend and descend terrain and navigate uneven and or slippery terrain on skis.
- Must be able to lift up to 50 lbs.
- Must be able to tolerate cold temperatures, at times below 0°F. However, practices will likely be canceled if temperatures go below 5°F (at least for the younger skiers).

## Attendance

- Must make a strong effort to attend all scheduled practices. If you are unable to make a practice session you need to find a suitable substitute coach (SafeSport or equivalent is required, even of parents or other volunteers).

## Reimbursements/ Compensation:

- Compensation is \$23 per hour. A journal of time spent per activity required (at least initially so that we know what the job entails going forward).
- You will be reimbursed annually by the LWSC Nordic Team for your US Ski & Snowboard membership & SafeSport certification.
- You will be reimbursed by the LWSC Nordic Team for the cost of any YPD approved coach trainings (lodging and mileage included; pre-approval required). Please be cognizant of expenses and try to minimize and/or share costs with other coaches when possible.
- You will be reimbursed by the LWSC Nordic Team for lodging and travel to races in which you perform an active coaching role. Please be cognizant of expenses and try to minimize/ share costs with other coaches or Team families when possible.
- The LWSC will reimburse the Head Coach the equivalent of an individual LWSC season pass.
- The LWSC may offer additional benefits, to be determined annually by the General Manager and the LWSC Board of Directors.

